

Week at a Glance: MVH-Fergus Falls

Menu: Regular

Week 1

Monday August 24	Tuesday August 25	Wednesday August 26	Thursday August 27	Friday August 28	Saturday August 29	Sunday August 30
Juice of Choice Hot Cereal of Choice Scrambled Eggs Bacon Toast/Butter Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Bacon or Side Pork Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Sausage Links Danish Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Biscuits & Sausage Gravy Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Corned Beef & Hash Whole Wheat Toast Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Bacon Cinnamon Roll Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Chicken Sausage Links Toast Butter/Jam/Jelly Banana or Fruit Cup
St. Louis Style Ribs Corn on the Cob Baked Beans Watermelon Milk ~ Coffee	Alt: Chef Salad General Tso's Chicken White Rice Oriental Vegetables Egg Roll Ice Cream Du Jour Milk ~ Coffee	Pork Shoulder Steak Fried Potatoes Garden Veggie Blend Dinner Roll w/Butter Cinnamon Apple Sauce Milk ~ Coffee	Calico Bean Casserole 5 Way Veggie Blend Bread & Butter Fresh Peach & Cream Milk ~ Coffee	Chicken Tenders Macaroni & Cheese Buttered Peas Bread/Butter Assorted Pies or Pudding Milk ~ Coffee	Grilled Vidalia Burger Waffle Fries Lettuce, Tomatoes, Onions Cantaloupe Milk ~ Coffee	Country Chicken Casserole Dinner Roll w/Butter Glazed Carrots Blue Berries & Cream Milk ~ Coffee
Sloppy Joes on a Bun Pickle Spear Tater Tots Garden Veggie Blend Frosted Chocolate Cake Milk ~ Coffee	Pizza 3 Bean Salad Diced Mango Milk ~ Coffee	Hamburger Macaroni Casserole Green Beans Bread & Butter Sherbet Milk ~ Coffee	Hot Ham and Cheese Sliders Dill Pickle Spear Tomato Soup Orange Fluff Milk ~ Coffee	Swiss Steak Mashed Potatoes w/Gravy Bermuda Blend Veg Dinner Roll w/Butter Sliced Pears Milk ~ Coffee	Breaded Shrimp Baked Potato Cucumber Salad Dinner Roll w/Butter Lemon Bar Milk ~ Coffee	Salisbury Steak Mashed Potatoes w/Gravy Capri Blend Veggies Chocolate Brownie Milk ~ Coffee
Alternate:	Alternate:	Alternate:	Alternate:	Alternate:	Alternate:	Alternate:
Soup: Chicken Noodle Sandwich: Deli Turkey	Soup: Vegetable Beef Sandwich: Roast Beef	Soup: Wild Rice Sandwich: Ham	Soup: Tomato Sandwich: Cheese	Soup: Broccoli Cheese Sandwich: Egg Salad	Soup: Ham & Bean Sandwich: Tuna	Soup: Chili Cornbread

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Week 2

Monday August 31	Tuesday September 1	Wednesday September 2	Thursday September 3	Friday September 4	Saturday September 5	Sunday September 6
Juice of Choice Hot Cereal of Choice Scrambled Eggs Fried Ham Toast/Butter Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Sausage Link Toast Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Danish Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Biscuits & Sausage Gravy Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Corned Beef & Hash Toast/Butter/Jam Banana or Fruit Cup	Juice of Choice Caramel roll, Bacon Scrambled Eggs Hot Cereal of Choice Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Sausage Link Toast Butter/Jam/Jelly Banana or Fruit Cup
Pot Roast Mashed Potatoes Gravy Baby Carrots Dinner Roll Apple Crisp Milk ~ Coffee	Alternate:Cobb Salad Polish Sausage Sauerkraut Oven Browned Potatoes Bread & Butter Soft Serve Ice Cream Milk ~ Coffee	Shake-N-Bake Chicken Chuck Wagon Corn French Fries Bread & Butter Cherry Crisp Milk ~ Coffee	Seafood Primavera Broccoli Dinner Roll w/Butter Key Lime Pie Milk ~ Coffee	Philly Cheese Steak French Fries California Blend Cantaloupe Milk ~ Coffee	Ricotta Stuffed Manicotti Dinner Salad or Sauteed Spinach Dinner Roll w/Butter Blueberries and Strawberries	Roast Turkey w/Dressing Mashed Pot w/Gravy Squash Dinner Roll w/Butter Pumpkin Pie Milk ~ Coffee
BBQ Pork Chop Fried Potatoes Green Beans Bread/Butter Strawberries & Cream Milk ~ Coffee	Club Sandwich Or Club Sandwich Pasta Potato Soup Green Grapes Milk ~ Coffee	Country Fried Steak Mashed Potatoes Cream Gravy Peas Dinner Roll w/Butter Pineapple Tidbits Milk~Coffee	Grilled Hot Dog On a Bun Green Bean Casserole Potato Salad Watermelon Milk ~ Coffee	Cheese Burger Casserole Stewed Tomatoes Vanilla Pudding Bread & Butter Milk ~ Coffee	BBQ Riblette Mashed Potatoes Gravy Buttered Carrots Dinner Roll Fruit Cocktail Milk ~ Coffee	French Dip Tater Tots Green Beans Mandarin Oranges Milk ~ Coffee
<u>Alternate:</u> Soup: Vegetable Beef Sandwich: Ham Salad	<u>Alternate:</u> Soup: Potato Sandwich: Roast Beef	<u>Alternate:</u> Soup: Broccoli Cheese Sandwich: Summer Sausage	<u>Alternate:</u> Soup: Ham & Bean Sandwich: Bologna	<u>Alternate:</u> Soup: Wild Rice Sandwich: Chicken Salad	<u>Alternate:</u> Soup: Wisconsin Cheese Sandwich: Egg Salad	<u>Alternate:</u> Soup: Tomato Sandwich: Grilled Cheese

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Week 3

Monday September 7	Tuesday September 8	Wednesday September 9	Thursday September 10	Friday September 11	Saturday September 12	Sunday September 13
Juice of choice Hot Cereal of Choice Scrambled Eggs Hashbrowns, Bacon Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs, Bacon Danish Or Toast Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs, Fried Ham, Whole Wheat Toast Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Biscuits & Sausage Gravy Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Side Pork Whole Wheat Toast Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Corned Beef & Hash Scrambled Eggs Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Chicken Sausage Link Toast Butter/Jam/Jelly Banana or Fruit Cup
Lasagna Dinner Salad Or Satueed Spinach Bread Stick Fresh Pineapple Milk ~ Coffee	ALTERNATE: Chef Salad Liver & Onions Sweet Mashed Potatoes Broccoli Bread/Butter Ice Cream Du Jour Milk ~ Coffee	Creamed Chipped Beef on Toast Seasoned Carrots Banana Cream Pie Milk ~ Coffee	Chicken Alfredo Broccoli Garlic Bread Stick Pistachio Pudding Milk ~ Coffee	Lemon Pepper Tilapia Rice Pilaf Oriental Vegetables Bread & Butter Lime Jello w/Fruit Milk ~ Coffee	BBQ Chicken Potato Salad Beets Bread & Butter Strawberries & Cream Milk ~ Coffee	Roast Beef Mashed Potatoes/Gravy Seasoned Carrots Dinner Roll/Butter Iced Pound Cake Milk ~ Coffee
Fish Sticks w/Tarter Waffle Fries Peas & Carrots Dinner Roll w/Butter Lemon Bar Milk ~ Coffee	Pancakes Scrambled Eggs Sausage Links Red Grapes Milk ~ Coffee	Chicken Dumplings Peas Dinner Roll w/Butter Cinnamon Apple Sauce Milk ~ Coffee	Hot Turkey Sandwich Buttered Corn Canned Cranberries Honey Dew Melon Milk ~ Coffee	Pizza Service Foods Deli Spring Pasta Salad Sugar Cookie Milk ~ Coffee	Tater Tot Casserole 5 Way - Vegetable Bread & Butter Peaches Milk ~ Coffee	Grilled Bratwurst Sausage On a Bun Baked Beans French Fries Fruit Cocktail Milk ~ Coffee
Alternate: Soup: Minestrone Sandwich: Turkey	Alternate: Soup: Chili Cornbread	Alternate: Soup: Corn Chowder Sandwich: Tuna Salad	Alternate: Soup: Beef Barley Sandwich: Summer Sausage	Alternate: Soup: Wisconsin Cheese Sandwich: Egg Salad	Alternate: Soup: Potato Sandwich: Ham Salad	Alternate: Soup: Chicken Noodle Sandwich: Bologna

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Week 4

Monday September 14	Tuesday September 15	Wednesday September	Thursday September 16	Friday September 17	Saturday September 18	Sunday September 19
Juice of Choice Hot Cereal of Choice Scrambled Eggs Bacon, Hashbrowns Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Bacon Whole Wheat Toast Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Danish, Bacon Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Biscuits & Sausage Gravy Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Canadian Bacon Whole Wheat Toast Butter/Jam/Jelly Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Caramel Roll, Bacon Butter Banana or Fruit Cup	Juice of Choice Hot Cereal of Choice Scrambled Eggs Fried Ham Toast Butter/Jam/Jelly Banana or Fruit Cup
Chicken Drumsticks w/ Buffalo Sauce Tater Tots Coleslaw Bread & Butter Tropical Fruit Salad Milk ~ Coffee	Alt: Taco Salad Meatloaf Potatoes Au Gratin Broccoli & Cauliflower Dinner Roll w/Butter Ice Cream Du Jour Milk ~ Coffee	Breaded Cod Creamy Cucumber Salad Dinner Roll w/Butter Wild Rice Blend Watermelon Milk ~ Coffee	Chicken Pot Pie Cauliflower Dinner Roll w/Butter Strawberry Rhubarb Pie Milk ~ Coffee	Chicken Burger Lettuce & Tomatoes Or Spinach Potato Chips Fresh Pineapple Milk ~ Coffee	Pork Roast Mashed Potatoes Gravy Corn Dinner Roll Pears Milk~Coffee	Oven Baked Chicken Baked Potato Dinner Salad & Dressing Dinner Roll w/Butter Cantaloupe Milk ~ Coffee
Beef Stew Biscuit Mandarin Orange Cake Milk ~ Coffee	Macaroni Casserole Stewed Tomatoes Dinner Roll w/Butter Pears Milk ~ Coffee	Honey Glazed Ham Crispy Cubed Potatoes Creamed Peas Bread/Butter Applesauce Milk ~ Coffee	Turkey Primavera Broccoli Bread & Butter Cherry Jello w/Fruit Milk ~ Coffee	Tuna & Potato Chip Casserole Seasoned Carrots Dinner Roll Red Velvet Cake Milk ~ Coffee	Beef Stroganoff Egg Noodles California Blend Veggies Bread/Butter Peach Crisp Milk~Coffee	Beer Cheese Soup Whole Wheat Turkey Ranch Wrap Tapioca Pudding Milk ~ Coffee
<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>	<u>Alternate:</u>
Soup: Broccoli Cheese Sandwich: Deli Turkey	Soup: Wild Rice Sandwich: Chicken Salad	Soup: Potato Soup Sandwich: Meatloaf	Soup: Tomato Sandwich: Grilled Cheese	Soup: Chicken Noodle Sandwich: Ham	Soup: Minestrone Sandwich: Tuna	Soup: Corn Chowder Sandwich: Bologna